

Nine Steps to Deliverance and Victory!

- Step 1 Personally affirm your faith in Jesus Christ.
- Step 2 Humble yourself.
- Step 3 Confess and known sin.
- Step 4 Repent of all sins.
- Step 5 Forgive all other people.
- Step 6 Break with the occult and all false religion.
- Step 7 Prepare to be released over every curse in your life.
- Step 8 Take your stand with God.
- Step 9 Expel.

Do not feel bound to stick rigidly to this pattern prayer. If the holy spirit prompts you to add words from your heart, do not hesitate to do so. And do not be in a hurry. Work through the whole prayer steps slowly and deliberately.

You can do this alone or with praying, supporting Christian friends. Prepare your heart – worship Jesus and ask for the presence of the Holy Spirit to come as you worship, to fill you and anoint you. Place your trust in Jesus as you now begin to pray...

1 Personally affirm your faith in Christ:

“Lord Jesus Christ, I believe You are the son of God and the only way to God – that you died on the cross for my sins and rose again so that I might be forgiven and receive eternal life.”

2 Humble Yourself:

“I renounce all pride and religious self-righteousness. I have no claim on Your mercy except that You died in my place.”

3 Confess known sin:

“I confess all my sins before You and I hold nothing back. I confess <name the sins you are aware of>.”

4 Repent of all sins:

I repent of all my sins. I turn away from them and I turn to You, Lord, for mercy and forgiveness.

5 Forgive all other people:

“By a decision of my will, I freely forgive all who have ever harmed or wronged me. I lay down all bitterness, all resentment and all hatred. Specifically, I forgive <name any person/people you need to forgive>”

6 Break with the occult and all false religion:

"I sever all contact I have ever had with the occult or with all false religion – particularly <name the religion or cult or coven or group>."

"I commit myself to get rid of all objects associated with the occult or false religions."

7 Prepare to be released from every curse over your life:

"Lord Jesus, I thank You that on the cross You were made a curse, that I might be redeemed from every curse and inherit God's blessing. On that basis I ask You to release me and set me free to receive the deliverance I need."

8 Take your stand with God:

"I take my stand with You, Lord, against all Satan's demons. I submit to You, Lord, and I resist the devil. Amen!"

9 Expel:

"Now I speak to any demons that have control over me. [Speak directly to them]. I command you to get out from me now. In the name of Jesus - I expel you!"

Notes:

In his teaching on being set free from demons, Derek Prince explains why each of these steps is necessary as a prelude to expelling demons and obtaining freedom through deliverance from them.

Derek also explains at length that there is no such things as being "possessed" by demons – the word "possession" is a mistranslation of the verb of the Greek word "daimon" (demon) which is "daimonizo." Correctly translated it is "Demonise," which Collins English Dictionary defines as "to be subject to demonic influence."

Those needing deliverance from the influence of demons, may be correctly and simply seen as being "demonised" or affected or influenced by demons.

In short, Christians cannot be "possessed" by demons – they are "possessed" by God when they are born-again into the Christian faith. They can, however, be influenced or oppressed by demons – and will need deliverance to obtain their complete freedom.